

FLORIDA ROUNDUP 2022

May 18-22

**Westin Fort Lauderdale
Beach**



WELCOME TO FLORIDA ROUNDUP!

Hello and welcome back to your favorite ON THE BEACH Roundup- THE FLORIDA ROUNDUP!

Let's first talk about RESILIENCE. Here is a description of the word we found that perfectly describes our entire FRU community...

“Resilience is the ability to withstand adversity and bounce back from difficult life events. Being resilient does not mean that people don't experience stress, emotional upheaval, and suffering. ... Resilient people tap into their strengths and support systems to overcome challenges and work through problems.” – (Everydayhealth.com)

As we tap into our strengths and lean into our support networks, we find the courage to “Break FREE”, and let us say, a very fitting theme for our conference this year.

Our focus on diversity and inclusion started just as our world was shutting down in 2020. We created and appointed a brand new board position, our very first Diversity Ambassador, Joyce M. And our hope is that her (and many others) hard work is reflected in our Programming this year.

This year's conference is surely one you won't forget, from our new location in Fort Lauderdale Beach, to the workshops- some new and some familiar favorites. Friday Night Live! is back with TWO amazing entertainers. Shake what your mama gave ya at our infamous Saturday night dance. We are confident that at FRU: Break Free 2022, you will cherish these 5 awesome days of quality R&R, fellowship, fun in the sun, recovery and spiritual growth. What an exciting renaissance- what a time to be alive and SOBER!

In short, we see and feel your COURAGE and your RESILIENCE, and now we simply BREAK FREE and live our LGBTQIA+ lives!!!

**In Loving Service,
Your dedicated CoChairs,
Billy Gall and Joffrey B.**

**At the Florida Roundup,
our 12-step recovery community comes
together to share our experience, strength
and hope.**

**We welcome members of all 12-step
programs to our events.**

**At our speaker meetings, our group
conscience has guided us to use the
literature of Alcoholics Anonymous, the
fellowship that birthed the 12-step
movement.**

**We thank you for your attendance and look
forward to a great 2022 Florida Roundup.**



Board of Directors

Co-Chairs: Billy G, and Joffrey B.

Assistant Co-Chair: Kevin O.

Treasurer: Bobby A.

Assistant Treasurer: Bill A.

Recording Secretary: Paul C.

Corresponding Secretary: Paul C.

Committees

Activities: Shane M. and Gary D.

Boosters: Alex H., Josh K., and Mitch M.

Decor and Design: Matthew L., Bobby A., Anthony B.

Entertainment: Sal V.

Fundraising: Bobby A., Johnna Y, Michael R., and William H.

Host: Carlos B.

Program: David T., George L., Michael E., Pablo R., and Sherri S.

Raffle: Corey T., Kendall C., and Freddie C.

Recovery Marathon: Robert L.

Registration: Myro R., Tyrone G.

Traditions: Michael C, Stu B.

Appointed Positions

Legal Counsel: JoAnn H.

Warehouse Manager: Tyrone G.

Sargent at Arms: Bill C.

Volunteer Coordinator : Al D.

Graphic Design: Alex H.

Diversity Ambassador: Joyce M.

1984 Jim S. / Norma J.	Celebrate Recovery
1985 Nye W. / Jim S.	In All Our Affairs
1986 Jay J. / Judy O.	Courage to Change
1987 Judy O. / Jay J.	Alive Again
1988 Karen V. / Jay J.	Miracles in Progress
1989 Marty L. Karen V.	Under New Management
1990 Joe H. / Fran G.	Living Miracles
1991 Fran G. / Joe H.	Bold New Directions
1992 Bobbie W. / John S.	Together We Can
1993 Gary S. / Bobbie W.	Back to Basics
1994 Beth H. / Gary S.	Sobriety, Serenity & Sunshine
1995 Warren R. / Beth H.	Pride in Recovery
1996 Jan S. / Warren R.	Pathways to Recovery
1997 Tony D. / Jan S.	Joy of the Journey
1998 / 1999 Holly W. / Tony D.	Celebrate Our Recovery
2000 Joe V. / Holly W.	Carry the Message
2001 Joe McQ. / Lisa D.	Living the Miracle
2002 Lisa D. / Joe McQ.	A Vision for You.
2003 Micheal G. / Mary O.	Into Action
2004 Mary O. / Micheal G.	20 Years, One Day at a Time
2005 Bill C. / Charlie D.	Courage to Be
2006 Bill C. / Celia H.	The Road of Happy Destiny
2007 Celia H. / Jeffery M.	Sunlight of the Spirit
2008 Jeffery M. / Hal D.	Sand, Sea & Serenity
2009 Hal D. / Lori D.	25 Years of Recovery - Step by Step
2010 Lori D. / Gordon E.	Rocketed Into a 4th Dimension
2011 Gordon E. / Jeanne M.	Beyond Our Wildest Dreams
2012 Jeanne M. / Sandy A.	A New Freedom
2013 Sandy A. / Joann H.	Work It / Live It
2014 Joann H. / Tyrone G.	Sunny Serenity 30 Years of Hope
2015 Tyrone G. / Crae P.	Awakening Spirit
2016 Nick E. / Pablo R.	Uncover - Discovery - Recover
2017 Nick E. / Pablo R.	Keys To The Kingdom
2018 Pablo R. / Robert L.	Embrace Change
2019 Robert L. / Bobby A.	Dive Into Serenity
2020 Bobby A. / Billy G.	Happy, Joyous & Free
2021/2022 Billy G. / Joffery B.	Break Free

SCHEDULE OF EVENTS

WEDNESDAY MAY 18

12:00pm – 10:00pm: Registration, Boosters Shop– Bonnet
12:00pm– 5:00pm: Program Information Table – Bonnet
1:00pm – 11:00pm: Recovery Marathon – Everglades
8:00pm – 9:00pm: Opening Meeting – Oceanside I
9:30pm – 11:00pm: Ice Cream Social – Pool Deck

THURSDAY MAY 19

6:30am – 7:30am: Sunrise Meeting– Beach
7:30am – 8:30am: Positively Sober – Beach
8:30am – 10:30pm: Registration, Boosters and Program Table – Bonnet
9:00am – 5:00pm: Workshops – see schedule and map for locations
9:00am – 5:00pm: Recovery Marathon – Everglades
8:00pm – 11:00pm: Speaker Meeting – Las Olas Ballroom
10:00pm – 12:00am: Drag Bingo; Hosted by Liquor Mini– Las Olas Lobby

FRIDAY MAY 20

6:30am – 7:30am: Sunrise Meeting– Beach
7:30am – 8:30am: Positively Sober – Beach
8:30am – 10:30pm: Boosters, Registration and Program Table – Bonnet
9:00am – 5:00pm: Workshops – see schedule and map for locations
9:00am – 11:00pm: Recovery Marathon – Everglades
6:30pm– 8:00pm: PRIDE PROM (ticket required) – Sky Terrace
8:00pm – 9:30pm: Speaker Meeting – Las Olas Ballroom
10:00pm – 12:00am: FRIDAY NIGHT LIVE!! – Las Olas Ballroom

SATURDAY MAY 21

6:30am – 7:30am: Sunrise Meeting– Beach
7:30am – 8:30am: Positively Sober– Beach
8:30am – 10:30pm: Boosters, Registration and Program Table – Bonnet
9:00am – 5:00pm Workshops – see schedule and map for locations
9:00am – 11:00pm: Recovery Marathon – Everglades
6:30pm – 8:00pm: Gratitude Banquet (ticket required) – Sky Terrace
8:00pm – 9:30pm: Speaker Meeting – Las Olas Ballroom
9:30pm – 10:30pm: RAFFLE DRAWING! – Las Olas Foyer
10:30pm – 1:00am: DANCE w DJ MOGOTE COYOTE – Las Olas Ballroom

SUNDAY MAY 22

6:30am – 7:30am: Sunrise Meeting – Beach
10:00am – 10:30am: Farewell Brunch (ticket required) – Las Olas Ballroom
10:30am – 11:30am: Sunday Morning Meeting – Las Olas Ballroom

RoundDown

Looking to continue that Roundup spirit?
Wishing that maybe there was just one more event? Join us for the RoundDown!
Food, Fellowship, and an Open AA Meeting
Sunday, March 8th
6pm—8pm, meeting starts at 7pm
Lambda South Clubhouse 1231-A East Las Olas Blvd Fort Lauderdale, FL 33301
*Entrance via back alley off 13th street

All are welcome to these clean and sober events



WORKSHOP SCHEDULE

WEDNESDAY MAY 18TH

3:30 pm– 5:00 pm

My First Roundup

Rio Vista I

THURSDAY MAY 19TH

8:00 am– 9:00 am

Yoga Infusion

Oceanside I

9:00 am– 10:30 am

Meditation

Oceanside II

Relapse Prevention

Rio Vista I

"A look at and discussion about relapse prevention"

Steps 1,2,3

Rio Vista II

"Gain a practical and spiritual understanding."

11:00 am–12:30 pm

Challenges of Long term Recovery

Oceanside II

HIV and Recovery, My Story

Rio Vista I

Steps 4 and 5

Rio Vista II

1:30 pm– 3:00 pm

HALT at FRU

Oceanside I

"Stay grounded and have fun."

Sponsorship

Oceanside II

Circle of Love

Rio Vista II

"Empowering you to declare positive thoughts"

3:30 pm– 5:00 pm

Relationships– The Sane & Safe Ideal

Oceanside I

Spirituality Workshop

Oceanside II

"Define your own HP and create a Spiritual Practice"

Grey Areas of Recovery

Rio Vista II

WORKSHOP SCHEDULE

FRIDAY MAY 20TH

8:00 am– 9:30 am

Yoga Fusion

Las Olas Foyer

9:00 am– 10:30 am

Women's 3 Speaker Meeting

Oceanside II

Men's 3 Speaker Meeting

Las Olas

Suicide Prevention

Rio Vista I

"Myths, risk factors, warning signs and solutions"

Meditation for Beginners

Rio Vista II

"Guided meditation to help you connect to your spirit guides."

11:00 am– 12:30 pm

12 Step Recovery in the Age of Covid

Oceanside I

Vision Board

Oceanside II

"Law of Attraction, manifest your dreams"

Just How Spiritual am I?

Las Olas

Sex and Dating in Recovery

Rio Vista II

1:30 pm– 3:00 pm

Getting Sober in Jails, Hospitals, and Institutions.

Oceanside I

"The journey, struggle and miracle of getting and staying sober after incarceration."

Drop the Rock.

Oceanside II

"A deep dive into Steps 6 and 7"

Untangling Meth, Sex, and Intimacy

Las Olas

CMA Finding a Higher Power

Rio Vista I

3:30 pm– 5:00 pm

Young People in Recovery

Oceanside I

Breath work

Oceanside II

"Practicing Step 11, An emotional release."

Am I A Sex Addict?

Rio Vista I

Women's Workshop, Live Your Truest Self

Rio Vista II

WORKSHOP SCHEDULE

SATURDAY MAY 21

8:00 am– 9:00 am

Yoga Infusion

Las Olas Foyer

9:00 am– 10:30 am

Chronic Pain Management
Healing from Trauma
Chanting
"Another form of Meditation"
Steps 8 and 9

Oceanside I
Las Olas
Rio Vista I

Rio Vista II

11:00 am– 12:30 pm

Trans and Non-Binary Panel.
"ALL Welcome"
We Agnostics.
"Finding and connecting to your own conception of a Higher Power"
Around the World– Sober and Gay
"Finding our Tribe while traveling the Globe. Living Free while Traveling."
Steps 10, 11, 12

Las Olas

Oceanside II
Rio Vista I
Rio Vista II

1:30 pm– 3:00 pm

Madonna
"Come find out!"
Emotional Sobriety
Embracing the Journey Through Art
"Create a piece of art while reflecting on the principles of recover. No experience needed."
AA/Al-Anon– Double Winners

Oceanside II

Oceanside II
Las Olas
Rio Vista II

3:30 pm– 5:00 pm

Single in Recovery
"Having fun, making connections, building friendships in sobriety."
Drop the Rock
"A deep dive into steps 6 and 7"
Aging Gracefully in Sobriety
"A creative approach, bring your inner child"
Leather Workshop
"Safe, Sane & Sober in Leather Fetish and Kink"
Big Book Theater
"More About Alcoholism comes to life"

Oceanside I
Oceanside II

Rio Vista I

Rio Vista II

Las Olas

Recovery Marathon Schedule

WEDNESDAY MAY 18

1:00pm – 11:00pm

AA Open Discussion

Thursday March 21st

8:00am – 9:00am

AA Open Discussion

12:30pm – 1:30pm

AA Open Discussion

4:30pm – 5:30pm

AA Open Discussion

11:00pm – 12:00am

CMA Speaker Meeting

Friday March 22nd

8:00am – 9:00am

AA Open Discussion

12:30pm – 1:30pm

AA Open Discussion

4:30pm – 5:30pm

AA Open Discussion

11:00pm – 12:00am

CMA Speaker Meeting

Saturday, March 23rd

8:00am – 9:00am

AA Open Discussion

12:30pm – 1:30pm

AA Open Discussion

4:30pm – 5:30pm

AA Open Discussion

11:00pm – 12:00am

CMA Speaker Meeting



NORTH TOWER (335 - 1452)

- 1 Front Desk ground floor
- 2 Bell Stand ground floor
- 3 Concierge ground floor
- 4 LONA Tequila & Cocina ground floor
- 5 Gift Shop ground floor
- 6 Pool mezzanine level
- 7 Waves Bar & Grill mezzanine level
- 8 Everglades mezzanine level
- 9 Sawgrass mezzanine level
- 10 Skywalk to Beach mezzanine level
- 11 Business Center ground floor
- 12 Skywalk to South Tower mezzanine level

SOUTH TOWER (110 - 1521)

- 13 Westin Workout ground floor
- 14 Heavenly Spa ground floor
- 15 Starbucks ground floor
- 16 Bonnett I & II mezzanine level
- 17 Seabreeze mezzanine level
- 18 Oceanside I & II mezzanine level
- 19 Atlantic Ballroom ground floor
- 20 Las Olas Ballroom mezzanine level
- 21 Sky Terrace 4th floor
- 22 Tangent mezzanine level
- 23 Himarshae mezzanine level
- 24 Rio Vista I & II mezzanine level
- 25 Business Center mezzanine level

- ☐ ATM
- ☒ Elevator
- ☑ Stairs
- ☒ Escalators
- ☒ Restroom



