

FLORIDA ROUNDUP

March 4 - 8th 2020

HAPPY • JOYOUS • FREE

2020

The year '2020' is rendered in a large, bold, pink-to-magenta gradient font. The final zero contains a stylized blue silhouette of a person in a dynamic, jumping or running pose.

FLORIDA ROUNDUP

EDEN ROC HOTEL

MIAMI BEACH, FL

WELCOME

TO THE 36th ANNUAL FLORIDA ROUNDUP

A letter from your Co-Chairs

Sometimes sadness bogs us down so badly that we are SURE we will never smile again- then that song from High School comes on the radio and we are transported back to the first time that song meant something to us and the sadness is nowhere to be found.

Sometimes we feel so trapped (probably in our mind) that we can't even see the sun that is shining above- then break WE free when our mind and our spirit click from 'me' to 'WE'.

This is happy, joyous and free.

Our journey has brought us to exactly where we are right now. We would like to invite you to find that perfect spot, celebrate where you are— participate in workshops, soak in the Experience, Strength and Hope of our speakers, lounge by the pool (don't forget to wear Sunblock), taste our fresh squeezed pure Florida orange juice, make a new friend or make more memories with old ones!

Welcome back to Florida Roundup at the Eden Roc Hotel on BEAUTIFUL Miami Beach! We are working hard to bring you an unforgettable experience! To our returning family; it's always so lovely to see you again. For our First Timers; please take a deep breath and enjoy yourselves, if you need anything just let one of us know- everyone is happy to help.

If we stay the course of sobriety one day at a time, we are more likely to remain Happy, Joyous and Free!

Make it a GREAT weekend!
Bobby A and Billy G

Co-Chairs Florida Roundup 2020

HAPPY • JOYOUS • FREE
2020
FLORIDA ROUNDUP

At the Florida Roundup,
our 12-step recovery community
comes together to share our
experience, strength and hope.

We welcome members of all
12-step programs to our events.

At our speaker meetings, our group
conscience has guided us to use
the literature of Alcoholics Anonymous,
the fellowship that birthed the
12-step movement.

We thank you for your attendance
and look forward to a great
2020 Florida Roundup.

Board of Directors

Co-Chairs: Bobby A. Billy G.

Assistant Co-Chair: Joffrey B.

Treasurer: George L.

Assistant Treasurer: Dalton B.

Recording Secretary: Kendall C.

Corresponding Secretary: Alicia B.

Committees

Activities: Shane M, Ralph B.

Boosters: David P, Alex H, Mitch M, Peter H.

Decorating: Mathew L, Lew G, Anthony B.

Entertainment: Jimmy S, Mikela

Fundraising: Lynn W, Johnna Y, Frank C, Joe M.

Hospitality: Michael R, Michael E, Cory T.

Host: Kevin B, Joey K, Jason P.

Program: Bill C, Joe D, Lori D, Carlos B, David T.

Raffle: Ralph B, Anthony B, Carlos B.

Recovery Marathon: Frank C.

Registration: Myro R, Tom T, Kevin S, Eddie C, Bruce T.

Traditions: Michael C, Stu B.

Appointed Positions

Hotel Facilitator: Michael S, Eric M.

Legal Counsel: JoAnn H.

Warehouse Manager: Tracy B.

Sargent at Arms: Kevin O.

Finance / Data Entry: Scott D.

Volunteer Coordinator : Al D.

Graphic Design: Alex H.

35 YEAR HISTORY

YEAR	CO-CHAIRS	THEME
1984	Jim S / Norma J	Celebrate Sobriety
1985	Nye W. / Jim S.	In All Our Affairs
1986	Jay J / Judy O	Courage to Change
1987	Judy O / Jay J	Alive Again
1988	Karen V / Jay J	Miracles in Progress
1989	Marty L / Karen V	Under New Management
1990	Joe H / Fran G	Living Miracle
1991	Fran G / Joe H	Bold New Directions
1992	Bobbie W / John S	Together We Can
1993	Gary S / Bobbie W	Back to Basics
1994	Beth H / Gary S	Sobriety, Serenity & Sunshine
1995	Warren R / Beth H	Pride in Recovery
1996	Jan S / Warren R	Pathways to Progress
1997	Tony D / Jan S	Joy of the Journey
1998 / 1999	Holly W / Tony D	Celebrating Our Recovery
2000	Joe V / Holly W	Carry the Message
2001	Joe McQ / Lisa D	Living the Miracle
2002	Lisa D / Joe Mc Q	A Vision for You
2003	Michael G / Mary O	Into Action
2004	Mary O / Michael G	20 Years, One Day at a Time
2005	Bill C / Charlie D	Courage to Be
2006	Bill C / Celia H	The Road of Happy Destiny
2007	Celia H / Jeffrey M	Sunlight of the Spirit
2008	Jeffrey M / Hal D	Sand, Sea & Serenity
2009	Hal D / Lori D	25 Yrs. of Recovery -Step by Step
2010	Lori D / Gordon E	Rocketed into the 4th Dimension
2011	Gordon E/ Jeanne M	Beyond Our Wildest Dreams
2012	Jeanne M / Sandy A	A New Freedom
2013	Sandy A / Joann H	Work It / Live It
2014	Joann H / Tyrone G	Sunny Serenity 30 Years of Hope
2015	Tyrone G / Crae P	Awakening Spirit
2016	Nick E / Pablo R	Uncover - Discover - Recover
2017	Nick E / Pablo R	Keys To The Kingdom
2018	Pablo R/ Robert L	Embrace Change
2019	Robert L. Bobby A.	Dive Into Serenity
2020	Bobby A / Billy G.	Happy, Joyous & Free

Schedule of Events

Wednesday, March 4th

- 12:00pm - 8:00pm** Registration, Boosters Shop, and Hospitality Open –Mona Lisa (*Closed during Pre-Opening Meeting*)
- 12:00pm - 5:00pm** Program Information Desk - Mona Lisa
- 3:30pm - 5:00pm** Workshops (Schedule on page 9)
- 4:30pm - 12:00am** Recovery Marathon (Schedule on page 13)
- 8:00pm - 9:00pm** Welcome to FRU 2020! Happy Joyous & Free - Pompeii
- 9:30pm - 11:00pm** Whoopee Party Ice Cream Social / Giant Twister - E.R. 1 (***Ticket Required***)

Thursday , March 5th

- 6:30am - 7:30am** Sunrise Meeting– Spa Garden
- 7:30am - 8:30am** Positively Sober Meeting– Spa Garden
- 8:30am - 10:30pm** Registration - Mona Lisa (*Closed during Speaker Meeting*)
- 8:30am - 10:30pm** Boosters Shop - Mona Lisa (*Closed during Speaker Meeting*)
- 8:30am - 8:00pm** Hospitality - Mona Lisa
- 8:30am - 5:00pm** Program Information Desk - Mona Lisa
- 9:00am - 5:00pm** Workshops, Recovery Marathon (Schedule on pages 9-13)
- 6:00pm - 7:30pm** Think $\chi\mu\iota\psi$ Think Cuban Dinner - E.R. 1 (***Ticket Required***)
- 8:00pm - 9:30pm** Speaker Meeting– Pompeii
- 10:00pm - 12:00am** Drag Bingo / Hosted by Mrs. Kasha Davis – E.R.1

Schedule of Events

Friday, March 6th

- 6:30am - 7:30am** Sunrise Meeting - Spa Garden
- 7:30am - 8:30am** Positively Sober Meeting - Spa Garden
- 8:30am - 10:30pm** Registration and Boosters Shop - Mona Lisa
(Closed during Speaker Meeting)
- 8:30am - 8:00pm** Hospitality - Mona Lisa
- 8:30am - 5:00pm** Program Information Desk - Mona Lisa
- 9:00am - 5:00pm** Workshops, Recovery Marathon (Schedule on pages 9-13)
- 3:00pm - 5:00pm** DJ Chris T. - Poolside
- 6:00pm - 7:30pm** New Freedom Friday Buffet Dinner - E.R.-1 (***Ticket Required***)
- 8:00pm - 9:30pm** Speaker Meeting - Pompeii
- 10:00pm** Friday Night Entertainment—Miss Richfield 1981 - Pompeii

Saturday, March 7th

- 6:30am - 7:30am** Sunrise Meeting - Spa Garden
- 7:30am - 8:30am** Positively Sober Meeting - Spa Garden
- 8:30am - 8:00pm** Registration, Hospitality and Boosters Shop - Mona Lisa
(Closed during Speaker Meeting)
- 8:30am - 5:00pm** Program Information Desk - Mona Lisa
- 9:00am - 5:00pm** Workshops, Recovery Marathon (Schedule on pages 9-13)
- 3:00pm - 5:00pm** DJ Chris T. - Poolside
- 6:00pm - 7:30pm** Back to Basics Banquet - E.R.1 (***Ticket Required***)
- 8:00pm - 9:30pm** Open Speaker Meeting - Pompeii
- 9:30pm - 10:00pm** Raffle Drawing - Mona Lisa
- 10:45pm** Saturday Night Dance with DJ Tony Duncan- Pompeii

Schedule of Events

Sunday, March 8th

- 6:30am - 7:30am** Sunrise Meeting - Spa Garden
- 7:30am - 8:30am** Positively Sober Meeting - Spa Garden
- 10:00am - 10:30am** In the Solution Sunday Brunch - E.R. 1 **(Ticket Required)**
- 10:30am - 11:30am** Sunday Morning Meeting - E.R. 1

RoundDown

Looking to continue that Roundup spirit?
Wishing that maybe there was just one more event?
Join us for the RoundDown!
Food, Fellowship, and an Open AA Meeting

Sunday, March 8th

6pm—8pm, meeting starts at 7pm

Lambda South Clubhouse

1231-A East Las Olas Blvd
Fort Lauderdale, FL 33301

*Entrance via back alley off 13th street

Or

Lambda Miami-Dade Clubhouse

28 NE 54th Street
Miami, FL 33137

All are welcome to these clean and sober events

Workshop Schedule

Wednesday, March 4th

3:30pm - 5:00pm My First Roundup San Marino

Thursday, March 5th

8:00am– 9:00am Yoga Key Biscayne A

9:00am - 10:30am Retiring in Recovery Fisher
Meditation Key Biscayne A
Steps 1, 2, & 3 San Marco
Healing from Trauma San Marino

11:00am - 12:30pm Drop the Rock Fisher
Single in Recovery Key Biscayne B
Steps 4 & 5 San Marco
Chronic Pain Management in Recovery San Marino

1:30pm - 3:00pm Recovering a Career in Recovery Fisher
HALT at FRU Key Biscayne B
Make Magic of Your Life: Passion, Purpose and the Power of Desire San Marino
Affirmation Circle for Men & Women San Marco

Workshop Schedule

Thursday, March 5th

3:30pm - 5:00pm	Women's Workshop- Understanding Yourself Better: What re your needs, values and how to live your truest self?	Fisher
	Sex in Sobriety	Key Biscayne B
	Intro to Al-Anon	San Marco
	Grey Areas of Recovery	San Marino

Friday, March 6th

8:00am– 9:00am	De-Stress No Sweat Yoga Experience	Key Biscayne A
9:00am– 10:30am	Men’s Three Speaker Meeting	Fisher
	Meditation	Key Biscayne A
	Women's Three Speaker Meeting	San Marco
	Compulsive Gambling	San Marino
11:00am - 12:30pm	Just how Spiritual am I?	Fisher
	Am I a Sex Addict?	Key Biscayne B
	Mixed Marriages in AA: AA Members with Non-AA Partners	San Marco
	Integration– Where Do I Fit In	San Marino

Workshop Schedule

Friday, March 6th

1:30pm -3:00pm	Challenges of Long Term Sobriety	Fisher
	Steps 6 & 7: Putting Into Practice the Design for Living	Key Biscayne B
	Forgiveness & Healing	San Marco
	Getting Sober in Jail	San Marino
3:30pm - 5:00pm	Relapse Prevention	Fisher
	Young People in Recovery	Biscayne B
	Spirituality Workshop	San Marco
	Breathwork Practicing the 11th Step Though Active Participation	San Marino

Saturday, March 7th

8:00am –9:00am	Yoga	Key Biscayne A
9:00 am– 10:30am	Madonna	Fisher
	Meditation	Key Biscayne A
	Steps 8 & 9	San Marco
	Relationships & Friendships with Active Alcoholics	San Marino

Workshop Schedule

Saturday, March 7th

11:00am- 12:30pm	Around the World Sober & Gay	Fisher
	Untangling Meth, Sex and Intimacy	Key Biscayne B
	Steps 10, 11 & 12	San Marco
	Vision Boards	San Marino
1:30pm -3:00pm	Emotional Sobriety	Fisher
	Suicide in Recovery	Key Biscayne B
	Intro to Al-Anon	Rivo Alto
	Relationships-Finding the Safe and Sane Idea	San Marco
	Squash the Fear Through Art	San Marino
3:30 pm - 5:00pm	Drop the Rock	Fisher
	Meditation: Beginners	Key Biscayne A
	Leadership in AA While Practicing the 12 Principles	Key Biscayne B
	Surrendering to the Process aka "Just F'ing Do It"	San Marino

Recovery Marathon Schedule

Wednesday March 20th

4:30pm - 5:30pm AA Open Discussion - Rivo Alto

11:00pm - 12:00am AA Open Discussion - Rivo Alto

Thursday March 21st

8:00am - 9:00am AA Open Discussion - Rivo Alto

12:30pm - 1:30pm AA Open Discussion - Rivo Alto

4:30pm - 5:30pm AA Open Discussion - Rivo Alto

11:00pm - 12:00am AA Open Discussion -

Friday March 22nd

8:00am - 9:00am AA Open Discussion— Rivo Alto

12:30pm - 1:30pm AA Open Discussion - Rivo Alto

4:30pm - 5:30pm AA Open Discussion - Rivo Alto

11:00pm - 12:00am AA Open Discussion -

Saturday, March 23rd

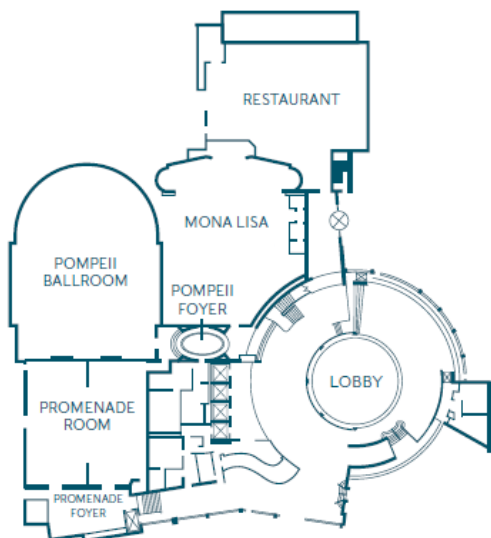
8:00am - 9:00am AA Open Discussion - Rivo Alto

12:30pm - 1:30pm AA Open Discussion - Rivo Alto

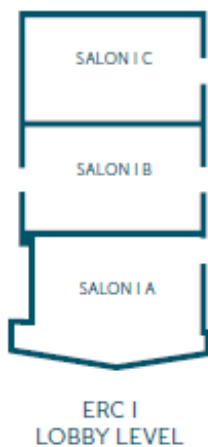
4:30pm - 5:30pm AA Open Discussion - Rivo Alto

11:00pm - 12:00am CMA Speaker Meeting -

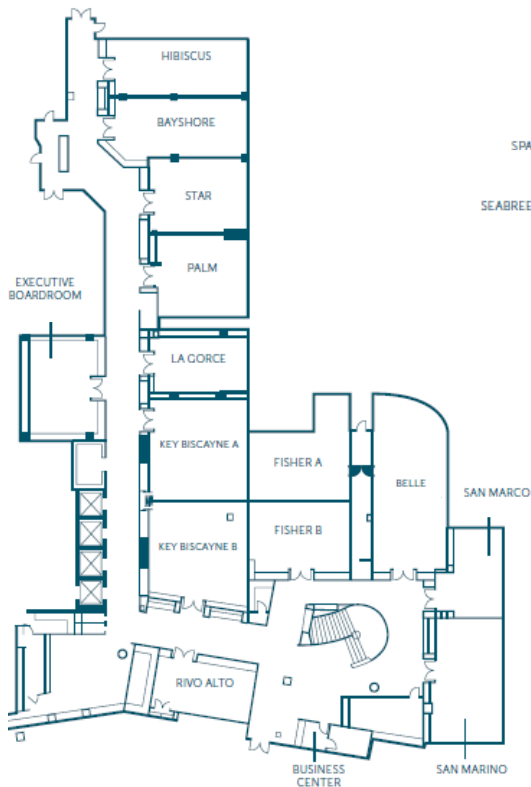
LOBBY LEVEL BALLROOMS



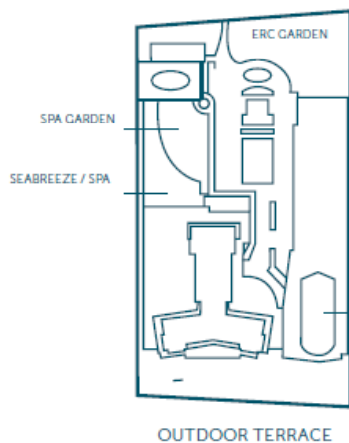
ERC BALLROOM



LOWER LOBBY LEVEL - CONFERENCE LEVEL



OUTDOOR EVENT SPACE





Raffle

Win big this year!

The Grand Prize - registration and meals for two and one room hotel stay for four nights at the Florida Roundup 2021!

Other Prizes include: Apple, Amazon, Google, JetBlue, Southwest Airlines Bundles as well as conferences including both a men's & a women's conference and more...

Facebook



Stay up to date with the latest news from Florida Roundup all year round. Search "Florida Roundup, Inc" and like us. This is a private members-only informational page to protect your and others anonymity. **GSO reminds us "we are responsible for our own anonymity and that of others."**

We ask you to limit your online activity with regard to Florida Roundup in three ways:

- Do not mention Florida Roundup by name or acronym (FRU) in your public posts and blogs.
- Do not list the names of other people at the Roundup in your public posts and blogs.
- Do not post any photographs of people or facilities associated with the Florida Roundup in your public posts and blogs

We ask that you observe these guidelines in reference to all Florida Roundup meetings, fundraisers and events.

